

# HSA NEWS

Relationships | Respect | Resilience | Reflection | Responsibility

## Values

Foundation and KS1: Reign, Lincoln, Ayla, Sienna and Matilda

KS2: Lexie, Seth, All of 3S, Joshua M, Theo, Aryan, Bay and Eva Mc

## Thought of the Week

'Every day is a new adventure! Never give up on your dreams, explore new things and be proud of who you are.'

Jane Hope, class teacher

## Useful links

Dates for diary: [click here](#) for the academy calendar of events

Latest news: [Click here](#) to find out about the latest events and news.

## Term dates

In the 'Parents' section of our website you will find the updated page for term dates. We now have the school holidays up to 2028!

## Menu

Mellows have published the summer menu which will be served when we return from Easter break. It certainly looks yummy. You can find out what your children will be eating by visiting our academy website, 'Parents' section, 'our meal service'.

For printed copies, just ask at the academy office.



## A message from our Principal

As we reach the final week of term, it's been a wonderfully productive time for our pupils. Year 4 had a fantastic Anglo Saxon Day, where the pupils looked incredible in their costumes and learned so much. Throughout the week, the pupils have had the opportunity to watch the mesmerising Schools Alive performance of *Beauty and the Beast* at the Winter Gardens through our assemblies, and they were completely captivated as an audience. We also had a series of musical performances from pupils across the school, including ukulele, keyboard, and pop choir, which were also showcased to parents over the week. It's always a joy to see all the hard work of pupils and staff come to life through performance.

We have been lucky to see some beautiful weather recently, and it looks like the sunshine will continue into the Easter break. We wish you all a restful and enjoyable holiday and look forward to seeing you on our return on Tuesday 22nd April.





## Year 4 News

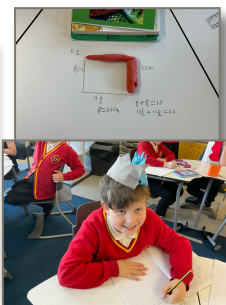
In maths year 4 have been learning about perimeter, units of length and area. At first, the children found it tricky but year 4 are resilient and are learning how to master the way round and the area inside a 2-D shape.

Year 4 have finally finished their crowns! During the DT lessons the children have been sewing and whilst some find it therapeutic others found it frustrating at times but, with perseverance, the children were very happy with the end result.

Finally on Tuesday the Anglo Saxons were in year 4. No, it is not an April fool, it is true! Year 4 brought history to life as they lived the day as Anglo Saxons. The children worked very hard making various artefacts from shields to board games.

It was like stepping back in time when the children re-enacted the Anglo Saxon market and they all looked the part in their, some would say boring, neutral grey brown and black plain clothes, which were brought to life with their Anglo Saxon embellishments. Not boring at all!

Thank you, as always, to year 4 parents and carers who supported the children become Anglo Saxons for the day and well done Year 4 - Mrs Twiss and Mrs Hodgkinson cannot wait for what is in store next term.



## Celebrating success

Poppy has passed her blue tag in Taekwondo! Master Lee of Northern Taekwondo said she worked really hard to achieve this. Well done Poppy!



## Free lunch!

Look what Mr Fleckney found! Zoom in to find out where your child can go to eat free (or almost free) this Easter holiday.

PLACES WHERE KIDS EAT FREE (OR FOR £1) EASTER HOLIDAYS 2025	
moneysavingcentral.co.uk/kids-eat-free	
<b>BURGER KING</b> From Monday 7th - Sunday 20th April 2025, Kids Eat Free with every adult meal, via the app.	<b>PREZZO</b> Kids receive a free, 3 course kids meal, everyday at Prezzo between 31st March - 27th April 2025
<b>BILLS</b> Kids eat free Mondays - Fridays, from Monday 7th - Friday 25th April 2025.	<b>COCONUT TREE</b> One child (under 10) eats free every day, 12pm - 6pm from Monday 7th - Sunday 27th April 2025
<b>FARMHOUSE INNS</b> 2 kids eat FREE with one paying adult, Monday 7th - Friday 25th of April. Sign Up Required	<b>PIZZA HUT</b> Kids eat free buffet from Monday 7th - Sunday 27th April, after 3pm daily with a £10 spend
<b>TGI FRIDAYS</b> Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)	<b>PRETO</b> Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms
<b>ZIZZI</b> Sunday 6th - Sunday 27th April 2025 kids eat free with every adult main. (excludes Saturdays)	<b>SAINSBURYS CAFES</b> Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.
<b>CAFE EIGHTY NINE @ THE RANGE</b> Kids eat free Sat 5th April - Mon 21st April 2025	<b>BELLA ITALIA</b> Children eat for £1 with any adult main. The offer is valid 4-6pm Sun to Weds. All Day Thursdays
<b>YO! SUSHI</b> Kids eat free all day (monday - friday) during all school holidays, when dining with an adult	<b>MORRISONS</b> Kids Eat FREE all day, every day with a £5 spend
<b>SIZZLING PUBS</b> Every Monday to Friday, 3 - 7pm, kids eat for £1.	<b>LAS IGUANAS</b> Kids under 12 eat FREE with 'My Las Iguanas' App
<b>ASDA</b> Kids eat for £1 every, with no adult spend.	<b>TABLE TABLE</b> 2 Kids Eat free breakfast daily with 1 paying adult!
<b>TRAVELODGE &amp; PREMIER INN</b> 2 kids eat for FREE with 1 adult breakfast	<b>PAUSA CAFE @ DUNELM</b> Kids eat FREE with every £4 spend after 3pm
<b>GORDON RAMSEY RESTAURANTS</b> Kids under 8 eat FREE all day, every day	<b>HUNGRY HORSE</b> Kids eat for £1 on Mondays
<b>WHITBREAD INNS</b> 2 kids eat for FREE with 1 adult breakfast	<b>THE REAL GREEK</b> Kids under 12 eat FREE Sundays with £10 spend
<b>BEEFEATER &amp; BREWERS FAYRE</b> 2 kids eat for FREE with 1 adult breakfast	<b>SA BRAINS PUBS</b> Kids eat for £1 on Wednesdays
<b>IKEA</b> Kids get a meal from 95p daily from 11am	<b>FUTURE INNS</b> Under 5s eat for free with any adult meal.

## Parent/carer e-learning

Mind Lancashire are offering e-learning to help support with mental health and wellbeing. Zoom in to find out more!

### Supporting Your Child

### Parent & Carer e-Learning

**No Charge & Access Any Time**

Optional support pack and signposting are available.

**Neuro-Inclusive Mental Wellbeing Training**

- Practical strategies to support your child's mental health, emotional wellbeing & self-esteem.
- Improve basic knowledge of neurodiversity.
- Importance of family cohesion & communication.
- Access downloadable support pack, activities & signposting guide.
- Access eLearning anytime & anywhere via PC, smartphone or tablet.

For parents and carers of young people who struggle with their mental health and wellbeing.

Young people with specific challenges linked to mental health and neurodiversity / neurodivergence (autism, ADHD, dyslexia etc) are also included in the course. It is neuroaffirming, meaning it does not treat these kinds of differences as only negative.

"I feel better knowing I am not the only parent struggling and finding it hard to get help for their children. Thank you for providing a free course with really stories and resources."

**Mind Lancashire**

Scan the QR code to access